



Form box containing fields for Fees received, Sponsor (reg fees included in sponsorship), Cash, Check, Credit Card, and RUNNER # (5K only)



10th Annual Phoenix Rising 5K & 1 Mile Fun Run Supporting sexual assault survivors

Saturday, October 22, 2022

Gray, Georgia

Pre-race festivities at 3pm

Race at 5pm

COURSE: Begins and ends at Reflections Psychotherapy, 183 West Clinton Street, Gray, Georgia

AWARDS: 5K First Place for overall male and female. 5K First, Second, and Third Places in each age group. Overall winners excluded from age group awards.

REGISTRATION: Pre-register by mail to Crisis Line & Safe House of Central Georgia, 915 Hill Park, Suite 100C, Macon, GA 31201. Race day registration opens at 4:00pm.

ENTRY FEE: \$25.00 if received before Sunday, October 2, 2022. \$27.00 after October 2. Make check payable to: Crisis Line & Safe House of Central Georgia.

INFORMATION: Anneliese Vanderheyden at 478-319-1075.

PARKING: At the Knox Civic Center in Gray, 161 W. Clinton Street.

Registration may also be completed online at cl-sh.org, or georgiarunner.com

Horizontal separator line

Registration form fields: Runner Name (please print), Sex, Age, Mailing Address, City, State, Zip, Phone Number, Email Address

I wish to participate in the \_\_\_5K \_\_\_Fun Run \_\_\_Virtual Race
Shirt size: \_\_\_AS \_\_\_AM \_\_\_AL \_\_\_AXL \_\_\_AXXL \_\_\_AXXXL \_\_\_No shirt

WAIVER: In consideration of this entry for the 2022 Phoenix Rising 5K and Fun Run, I hereby waive all claims for myself and my heirs against any race official or sponsor, Reflections Psychotherapy, LLC, or Crisis Line & Safe House of Central Georgia for any injury or illness which may directly or indirectly result from my participation in these events.

Signature (Parent/guardian must sign if participant is under 18 years old) Date